



**SOUTH DAKOTA BOARD OF REGENTS
ACADEMIC AFFAIRS FORMS**

Request to Seek Accreditation

Use this form to request permission to seek accreditation of an approved program. Board of Regents (BOR) action is required to seek program accreditation.

UNIVERSITY:	NSU
PROGRAM:	Human Performance
CIP CODE:	310501
UNIVERSITY DEPARTMENT:	Sports Sciences
UNIVERSITY DIVISION:	College of Professional Studies

University Approval

To the Board of Regents and the Executive Director: I certify that I have read this proposal, that I believe it to be accurate, and that it has been evaluated and approved as provided by university policy.



President (or Designee) of the University

4/5/2023

Date

1. Level of program seeking accreditation (place an "X" in the appropriate box):

- Certificate Associate Bachelor's
 Doctoral Master's

2. Accrediting Agency:

Commission on Accreditation for the Exercise Sciences (CoAES)

<https://www.caahep.org/committees-on-accreditation/exercise-science>

Part of the Commission on Accreditation of Allied Health Education Programs (CAAHEP). CoAES is recognized by the American College of Sports Medicine (ACSM).

3. What are the advantages of accreditation?

The ACSM is a well-respected governing body in the field of exercise science. Students, post-graduation, looking to work in fitness/health/sports facilities, coach/train athletes, or go on to graduate program would benefit from a CoAES accredited program. The accreditation standards are rigorous, establishing curriculum stability for our students in scientific foundation and practical application. A CoAES accredited program would prepare the student with the knowledge and experience needed to pass any fitness certification or acceptance into exercise science related graduate program (e.g., Clinical Exercise Physiology).

CoAES is recognized and sponsored by the American College of Sports Medicine (ACSM), American Council on Exercise (ACE), American Kinesiotherapy Association (AKA), American Red Cross (ARC), National Academy of Sports Medicine (NASM), and National Council on Strength & Fitness (NCSF), initiate solicitation of feedback from communities of interest regarding proposed revisions of CoAES Standards and Guidelines for undergraduate Exercise Science programs.

4. What are the anticipated costs involved in accreditation, including:

A. Costs involved in undergoing self-study and preparing the application for accreditation:

- \$200 - Application Fee
- \$1000 - Self-Study
- \$3000 – initial site visit

Out-of-pocket costs related to dues or site visits:

Site Visit is covered under the Self-study fee.

- \$600 Annual Fee

B. Base budget implications including incremental costs and minimum base resources required (dollars and FTE):

Base Budget - \$4200

Annual Budget - \$600

5. What is the source of the revenue needed?

The Sports Sciences Department will utilize the existing operating budget as well as raised NSU Foundation funds.

6. What is the estimated date for submission of the accreditation application?

AY 22-23 - Seek NSU and SDBOR approval

Summer 23 - Submit CoAES Application

AY 23-24 - Prepare and submit the CoAES Self-Study

Fall 24 - Site Visit at Northern State University