

The Dakota Dreams career exploration camp at Northern State University will be an amazing residential camp experience for students! Plans include:

- Career pathways sessions with NSU faculty and other regional professionals;
- Tours of businesses in the Aberdeen area;
- A daytrip to Lake Area Technical College and Watertown, SD; and
- Plenty of activities and entertainment to keep students engaged!

To make the most of the camp experience, please plan to bring the following items:

- ✓ Comfortable clothing for five full days of camp including pants and shorts, t-shirts, pajamas, socks, and undergarments. Bring pants and sweatshirts or jackets in the event of chilly weather and cool classrooms. Sessions will be interactive so consider planning for athletic-style wear daily. NOTE: Clothing should have minimal holes, be free from any obscene images, and may not promote drugs or alcohol.
- ✓ Sneakers or tennis shoes are REQUIRED for all daytime activities and business tours.
- ✓ All prescription medications needed during the camp including allergy medicine, asthma inhalers, EpiPens, and others.

*NOTE:* All medication must be clearly labeled in an individual baggie and will be collected at the time of check-in for staff to administer.

- ✓ Bedding and bath linens for your residence hall room including:
  - Bath towel(s) and washcloth(es)
  - A fitted and flat sheet in size XL twin. NOTE: Plan to bring a larger flat sheet if you do not have this size of fitted sheet.
  - Blanket(s), Comforter(s) or sleeping bag
  - Bed pillow(s)
- ✓ All personal toiletries and hygrine products (shampoo / conditioner; lotion; hair products; bath soap or body wash; deodorant / antiperspirant; toothbrush and toothpaste; shower shoes (flip flops optional); personal hygiene products; glasses / contacts; etc.)
- ✓ Sunscreen and bug spray
- ✓ Extra snacks or spending money for additional snacks at campus vending machines and Grid Market if preferred.
  - NOTE: All meals and snacks are provided daily by the camp.
- ✓ Umbrella/Rain poncho
- ✓ Swim suit and swim towel
- ✓ Cell phone and charger

Camp will be filled with plenty of events and activities for participants to stay active and busy! Please keep electronic devices other than cell phones at home, including laptops, computers and gaming systems.

Campers will adhere to the NSU Code of Conduct and Residence Life policies as well. Please note the following are not allowed:

- Any illegal substances including, but not limited to: alcohol, tobacco products, vaping related items, and drugs.
- Weapons of any kind including pocketknives.
- Candles or incense.
- Lighters or matches.

Questions? Please contact camp staff at <a href="mailto:studentsuccess@northern.edu">studentsuccess@northern.edu</a> or 605-626-7782.

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