



**SOUTH DAKOTA BOARD OF REGENTS
ACADEMIC AFFAIRS FORMS**

New Course Request

Use this form to request a new common or unique course. Consult the system course database through for information about existing courses before submitting this form.

NSU	Sports Sciences
Institution	Division/Department
<i>Michael Wenous</i>	3/11/2024
Institutional Approval Signature	Date

Section 1. Course Title and Description

If the course contains a lecture and laboratory component, identify the lecture and laboratory numbers (xxx and xxxL) and associated credit hours. Provide the complete description as you wish it to appear in the system course database, including prerequisites, co-requisites, and registration restrictions.

Prefix & No.	Course Title	Credits
PE 465	Athletic Injury and Sports Retirement	3

NOTE: The Enrollment Services Center assigns the short, abbreviated course title that appears on transcripts. The short title is limited to 30 characters (including spaces); meaningful but concise titles are encouraged due to space limitations in the student information system.

Course Description
This course explores the psychological influences on sports injury and retirement, covering topics such as motivation, identity, self-confidence, and emotional responses. Students explore the psychosocial aspects of retiring from sport and how to integrate psychological interventions into the rehabilitation process. Through discussion and analysis of current research, students gain insight into the psychology of sports injury and retirement, enhancing their understanding of athlete well-being and performance.

NOTE: Course descriptions are short, concise summaries that typically do not exceed 75 words. DO: Address the content of the course and write descriptions using active verbs (e.g., explore, learn, develop, etc.). DO NOT: Repeat the title of the course, layout the syllabus, use pronouns such as "we" and "you," or rely on specialized jargon, vague phrases, or clichés.

Pre-requisites or Co-requisites (add lines as needed)

Prefix & No.	Course Title	Pre-Req/Co-Req?

Registration Restrictions

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Section 2. Review of Course

2.1. Will this be a unique or common course (place an "X" in the appropriate box)?

Unique Course

If the request is for a unique course, institutions must review the common course catalog in the system course database to determine if a comparable common course already exists. List the two closest course matches in the common course catalog and provide a brief narrative explaining why the proposed course differs from those listed. If a search of the common course catalog determines an existing common course exists, complete the Authority to Offer an Existing Course Form. Courses requested without an attempt to find comparable courses will not be reviewed.

Prefix & No.	Course Title	Credits
PE 354	Prevention and Care of Athletic Injuries	3

Provide explanation of differences between proposed course and existing system catalog courses below:

The common course above is offered at Northern State University, Black Hills State University, South Dakota State University, University of South Dakota, and Dakota State University. This course is often focused on caring for acute physical injuries (e.g., taping an ankle) versus psychological associations with injury.

Common Course Indicate universities that are proposing this common course:

BHSU DSU NSU SDSMT SDSU USD

Section 3. Other Course Information

3.1. Are there instructional staffing impacts?

No. Replacement of _____
(course prefix, course number, name of course, credits)
*Attach course deletion form

Effective date of deletion: [Click here to enter a date.](#)

No. Schedule Management, explain below: The implementation of this course will be executed in the master schedule to be offered biannually. Current faculty are qualified to teach the course.

Yes. Specify below:

3.2. Existing program(s) in which course will be offered (i.e., any current or pending majors, minors, certificates, etc.): Sports Psychology Minor

3.3. Proposed instructional method by university (as defined by [AAC Guideline 5.4](#)): Lecture (R)

3.4. Proposed delivery method by university (as defined by [AAC Guideline 5.5](#)):

X01 Face-to-face, X02 HyFlex, and X15 Online

3.5. Term change will be effective: Fall 2024

3.6. Can students repeat the course for additional credit?

Yes, total credit limit: _____ No

3.7. Will grade for this course be limited to S/U (pass/fail)?

Yes No

3.8. Will section enrollment be capped?

Yes, max per section: 25 No

3.9. Will this course equate (i.e., be considered the same course for degree completion) with any other unique or common courses in the common course system database?

Yes No

If yes, indicate the course(s) to which the course will equate (add lines as needed):

Prefix & No.	Course Title

3.10. Is this prefix approved for your university?

Yes No

If no, provide a brief justification below:

Section 4. Department and Course Codes (Completed by University Academic Affairs)

4.1. University Department: Sports Sciences

4.2. Banner Department Code: NHPE

4.3. Proposed [CIP Code](#): 31.0501

Is this a new CIP code for the university? Yes No