



**SOUTH DAKOTA BOARD OF REGENTS  
ACADEMIC AFFAIRS FORMS**

**New Course Request**

Use this form to request a new common or unique course. Consult the system course database through for information about existing courses before submitting this form.

NSU Psychology  
**Institution** **Division/Department**  
Michael Wenous 3/11/2024  
**Institutional Approval Signature** **Date**

**Section 1. Course Title and Description**

If the course contains a lecture and laboratory component, identify the lecture and laboratory numbers (xxx and xxxL) and associated credit hours. Provide the complete description as you wish it to appear in the system course database, including prerequisites, co-requisites, and registration restrictions.

Prefix & No.	Course Title	Credits
PSYC 330	Introduction to Counseling	3

*NOTE: The Enrollment Services Center assigns the short, abbreviated course title that appears on transcripts. The short title is limited to 30 characters (including spaces); meaningful but concise titles are encouraged due to space limitations in the student information system.*

Course Description
This course is designed to provide the student with an overview of counseling as a profession. This course includes an introduction to the scope and function of the professional counselor, including professional identity, the history of the counseling profession, basic counseling skills, and standards in the counseling profession today. Specific focus on professional development within the counseling profession, including credentialing and membership in professional associations pertaining to the counseling field.

*NOTE: Course descriptions are short, concise summaries that typically do not exceed 75 words. DO: Address the content of the course and write descriptions using active verbs (e.g., explore, learn, develop, etc.). DO NOT: Repeat the title of the course, layout the syllabus, use pronouns such as “we” and “you,” or rely on specialized jargon, vague phrases, or clichés.*

**Pre-requisites or Co-requisites (add lines as needed)**

Prefix & No.	Course Title	Pre-Req/Co-Req?

**Registration Restrictions**

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## Section 2. Review of Course

### 2.1. Will this be a unique or common course (place an "X" in the appropriate box)?

**Unique Course**

*If the request is for a unique course, institutions must review the common course catalog in the system course database to determine if a comparable common course already exists. List the two closest course matches in the common course catalog and provide a brief narrative explaining why the proposed course differs from those listed. If a search of the common course catalog determines an existing common course exists, complete the Authority to Offer an Existing Course Form. Courses requested without an attempt to find comparable courses will not be reviewed.*

Prefix & No.	Course Title	Credits
CHRD 451	Individual and Group Counseling	3
CHRD 661	Theories of Counseling	3

*Provide explanation of differences between proposed course and existing system catalog courses below:*

CHRD 451 and CHRD 661 are offered at South Dakota State University. The course description for CHRD 451 states "This course will introduce students to fundamental perspectives on professional counseling. Change processes and strategies will be examined from differing viewpoints. Students will be familiarized with group dynamics, structure, and power."

This differs from the proposed course in scope, context, and emphasis on skills. The proposed course will provide a broad overview of the counseling profession and varied dynamics in the field of professional counseling, which differs from a focus on individual counseling practice and group dynamics. The proposed course will introduce students to foundational concepts and theories of counseling as well as basic counseling skills, which differs from a course that will address assessment and treatment planning, leadership, and techniques for facilitating counseling in a group setting. The proposed course will introduce basic counseling skills, which differs from a course that will address both individual and group counseling techniques and processes.

The course description for CHRD 661 states "This course takes a practice-based approach to teaching students counseling theory. The course focuses on several major theories, such as Adlerian, Person-Centered, Cognitive-Behavioral, and Family Systems theories. Students are encouraged to understand the utility of theory-based practice. Course work involves applying theory to case studies and developing treatment plans based on the tenets and techniques of the theories studied." This differs from the proposed course in scope, depth, and emphasis on skills. The proposed course will provide a broad overview of the counseling profession, counselor identity, ethics, the counseling relationship, and basic counseling skills. While students will be introduced to counseling theories, it is not the primary focus of the course. The proposed course is designed at the 300-level for an undergraduate learner, which is different from the content developed for an advanced learner taking a 600-level course. The proposed course will introduce counseling as a profession along with basic counseling skills, which differs from a course that will examine counseling theories and related counseling techniques.

- Common Course**      *Indicate universities that are proposing this common course:*
- BHSU     DSU     NSU     SDSMT     SDSU     USD

**Section 3. Other Course Information**

**3.1. Are there instructional staffing impacts?**

- No.** Replacement of \_\_\_\_\_  
 (course prefix, course number, name of course, credits)  
 \*Attach course deletion form

Effective date of deletion: Click here to enter a date.

- No.** Schedule Management, explain below: The implementation of this course will be executed in the master schedule to be offered annually.

- Yes.** Specify below:

**3.2. Existing program(s) in which course will be offered (i.e., any current or pending majors, minors, certificates, etc.):** Sports Psychology Minor

**3.3. Proposed instructional method by university (as defined by AAC Guideline 5.4):** Lecture (R)

**3.4. Proposed delivery method by university (as defined by AAC Guideline 5.5):**

X01 Face-to-face, X02 HyFlex, and X15 Online

**3.5. Term change will be effective:** Fall 2024

**3.6. Can students repeat the course for additional credit?**

- Yes, total credit limit: \_\_\_\_\_       No

**3.7. Will grade for this course be limited to S/U (pass/fail)?**

- Yes       No

**3.8. Will section enrollment be capped?**

- Yes, max per section: 25       No

**3.9. Will this course equate (i.e., be considered the same course for degree completion) with any other unique or common courses in the common course system database?**

- Yes       No

*If yes, indicate the course(s) to which the course will equate (add lines as needed):*

Prefix & No.	Course Title

3.10. Is this prefix approved for your university?

Yes

No

*If no, provide a brief justification below:*

**Section 4. Department and Course Codes (Completed by University Academic Affairs)**

4.1. University Department: Psychology

4.2. Banner Department Code: NPCE

4.3. Proposed **CIP Code**: 42.2803

*Is this a new CIP code for the university?*  Yes  No