

Tanya Nicola Brown
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EDUCATION

Ph.D., Counselor Education and Supervision, May 2024, CACREP accredited program
University of Wyoming, Laramie, WY

M.A., Professional Counseling, 2011, CACREP accredited program
Liberty University, Lynchburg, VA

B.A., Psychology, Magna Cum Laude, 2007
Pace University, New York City, NY

AWARDS AND HONORS

- 2023: Recipient of the Evelyn Milam Scholarship, College of Education, University of Wyoming
- Recipient of the Arden White Student Excellence Scholarship, College of Education, University of Wyoming
- 2022: Phi Kappa Phi Honor Society
Alpha Alpha Alpha Honor Society
- Recipient of the Arden White Student Excellence Scholarship
- 2021: Chi Sigma Iota
- Recipient of the ASUW Non- Traditional Student Scholarship, University of Wyoming
- 2006: Alpha Chi – US National Honor Society
- 2005: Golden Key Honor Society
- 2004: Psi Chi National Honor Society of Psychology
- Deans Scholarship Recipient
 - First Honors (Spring 2004, Spring 2006)
 - Second Honors (Fall 2004, Fall 2005, Fall 2007, Spring 2007)
 - Third Honors (Spring 2005)

CURRENT LICENSURE

- 2021 – present Provisional Professional Counselor State of Wyoming

PROFESSIONAL EXPERIENCE

Teaching Experience at *Northern State University*

Graduate Level Campus Courses:

CGPS 755: Human Growth and Development (Fall 2024)

CGPS 765: Group and Family Dynamics (Fall 2024)

CGPS 769: Professional Orientation and Ethics in Counseling (Fall 2024)

Teaching Experience at *Wake Forest University – Practitioner Instructor*

Graduate Level Online Campus Courses:

CNS 771: Clinical Mental Health Counseling (WFU; Fall 2024, Summer 2024, Fall 2023, Spring 2023, Summer 2022, Spring 2021)

CNS 747: Cultures and Counseling (WFU; Spring 2024, Summer 2023, Fall 2022, Spring 2022)

Teaching Experience at *University of Wyoming*

Graduate Level Campus Courses:

CNSL 5320: Practicum (UW; Spring 2023)

CNSL 5580: Supervised Internship (UW; Spring 2023)

CNSL 5210: Group Experience (UW; Fall 2022)

CNSL 5310: Pre-Practicum (UW; Fall 2022)

CNSL 5580: Supervised Internship (UW; Spring 2022)

CNSL 5630: Trauma Informed Counseling (UW; Spring 2022)

CNSL 5350: Multicultural Counseling (UW; Spring 2021)

CNSL 5340: Play Therapy (UW; Fall 2021)

Undergraduate Level Online Course:

ITEC 2360 (40-41) Teaching with Technology (UW; Spring 2024, Fall 2023)

Pathways Mental Health Professionals (January 2022 – August 2024), Laramie, WY

- Provide individual counseling for adults and children for a variety of presenting issues such as depression, anxiety, behavioral issues, marital problems, and other stress related issues.

Graduate Research Assistant (GRA), Counseling Leadership Advocacy & Design (August 2020 – May 2024), The University of Wyoming, Laramie

- Ongoing research, assessment, and program evaluation for CACREP with CACREP Liaison.
- Ongoing reporting responsibilities for CACREP.
- Assist faculty on providing updates on changes to the program since original accreditation.
- Assist faculty with completion of annual data reports.
- Assist faculty with communicating and notifying the faculty of CACREP information.
- Editing and managing the compilation of information provided in the CACREP documents.
- Clinic Coordinator for the Wellspring Clinic.
- Complete initial screening and intake process for new clients.
- Organizes and maintains clinic and client records.
- Market the clinic to clients and the professional community.
- Consult with students and provided supervision of counseling skills
- Provide counseling utilizing play therapy to child clients
- Teach graduate level counseling courses

- Teach undergraduate level courses

Program Manager, Therapeutic Day Treatment Program (June 2015 – July 2020),
United Support Services, Bedford, VA

- Provide direct supervision in a professional capacity to employees
- Supervise various treatment/habilitation modalities used by providers in the TDT Services Program offered by the agency
- Participate/attend meetings with other professionals/agencies concerning the client and/or employees
- Supervise, train, and assure accurate program documentation
- Participate in clinical supervision with a licensed professional, case consultation and case reviews

Therapeutic Day Treatment Clinician (June 2012 – June 2015), United Support Services, Bedford, VA

- Provide school based, strength-based group and individual interventions to children and adolescents
- Provide family sessions and case management
- Participate in the development, implementation, and monitoring of progress of individualized service plans in conjunction with school settings, social services, the client and their families
- Participate in clinical supervision sessions on a weekly basis
- Establish good working relationships with other public and private agencies

Childcare Supervisor (March 2010 – May 2012), Bedford County Group Homes, Bedford, VA

- Develop the daily living program within each childcare unit.
- Conduct orientations for new hires.
- Help with behavior modification training and coaching techniques for new and existing team members
- Manage on-going training for Group Home employees in areas of Behavior Management, First Aid, Medication Management, CPR, Mandt and Licensure requirements
- Responsible for the supervision of direct care workers
- Identify and address problems as they develop within the Group Homes

Intensive In-Home Clinician (July 2010 – August 2011), Innovative Family Consultants, Lynchburg, VA

- Provide therapy with youth and family
- Development and execution of treatment plans
- Provide parenting skills training.
- Work with youth and caregiver to implement home based behavioral support plans

Intern (July 2010 – August 2011), Community Services Board, The Parent Center, Lynchburg, VA

- Provide psycho education to the youth, family and caregivers
- Development of self-help skills; development of practical daily living tasks for basic functioning in the home and community
- Ensure linkage to needed community services and resources
- Implementation of evidenced based curricula such as the Strengthening Families Program
- Development and execution of treatment plans

Senior Case Aide (July 2007 – March 2010), Bedford County Group Homes, Bedford, VA

- Supervise and schedule daily activities for residents
- Assist with meal preparation and housekeeping chores; delegation of chores
- Provide transportation for residents in need
- Maintain data entry in logs including emergency procedures and medication logs for accurate record keeping
- Ensure behavior modification plans for individual residents were efficiently enacted
- Establish method to properly handle medication management and required Service Plans

Counselor/Tutor (June 2002 – June 2007), Our Children's Foundation, Harlem, NY

- Counsel students within families exposed to the risk of substance abuse, peer pressure, and life changing habits
- Manage scheduling, caseload and the needs of families requiring counseling sessions
- Assist with the coordination of annual events within the community, county and state for educational purposes
- Gather statistical data for annual reviews
- Develop lesson plans for each student; tutored those having difficulty
- Implement methods of easier use for training with educators; lead multiple sessions for the organization.

CONFERENCE PRESENTATIONS

Nichols, L., Edelman, R., & **Brown, T.** (October 2020). *Counselors' supporting youth grief*. Wyoming Counseling Association, Cody, WY.

Bays, J., Bowman, S., **Brown, T.**, Hepp, J. Kobusingye, M., Parkinson, P., Ratliff, R., Tedmon-Jones, T., and Nichols, L. M. (2021, February 19). *Maybe we'll end here today*. Counselor Education Distance Learning Conference, Palo Alto University, CA - Virtual.

Nichols, L., **Brown, T.**, & Hepp, J. (January 2022). *Supporting students with post-holiday blues: Coping with grief and loss*. Wyoming School Counseling Association, Laramie, WY – Virtual.

DeDiego, A., **Brown, T.**, & Fiori, C. (October 2022). *Addressing mental health stigma, equity, and access through public library partnerships*. The European Branch of the American Counseling Association, Athens, Greece.

Maddox, R.P., Carnes-Holt, K., **Brown, T.**, & Fiori, C. (October 2022). *Enhancing counseling skills through the incorporation of child-centered play therapy instruction*. Rocky Mountain Association for Counselor Education and Supervision, Coeur d'Alene, Idaho.

Brown, T. & Ghoston, M. (March 2023). *Childhood trauma and its impact in college years*. ACA 2023 Conference & Expo, Toronto, Canada.

Brown, T., Parkinson, P., & Ghoston, M. (January 2025). *Thriving not just Surviving: A Narrative Inquiry*. Hawaii International Conference on Education, Honolulu, Hawaii.

Book Chapter or Contributions

Brown, T. (Accepted). Activity 6.3: The unfair game. In T. B. Fletcher & A. C. DeDiego (Eds.), *Creativity in Counseling Children and Adolescents: A Guide to Experiential Activities* (pp. xx-xx). Routledge.

RESEARCH AGENDA (Invited Publications)

Maddox II, R.P., Perkins, M.A., & **Brown, T.N.** (in progress). Assessment System Development and Reporting Utilizing LMS, Python, and Posit Studio.

TRAININGS:

- Applied Suicide Intervention Skills Training (2007). Bedford County Group Homes, Bedford, VA.
- Cultural Competency (2008). Bedford County Group Homes, Bedford, VA.
- Leadership in Business. Leadership in Behavior (2012). United Support Services, Bedford, VA.
- Trauma and Resiliency Training (2013). United Support Services, Bedford, VA.
- How to Heal the Attachment Challenged Child (2015). Commonwealth of Virginia, CSA Conference, Roanoke, VA.
- HIPAA Privacy & Security Training for Covered Entities (2016). United Support Services, Bedford, VA.
- Human Rights Regulation (2017). United Support Services, Bedford, VA.
- Restorative Practices Training (2018). United Support Services, Bedford, VA.
- Human Sex Trafficking (2019). Department of Criminal Justice Services, Roanoke, VA.

- Telemental Health Counseling 101: Practical Applications (Fall 2020). Renewed Vision Training. <https://www.renewedvisiontraining.com/>
- University of Wyoming's Inclusionary and Global Leadership Program (Fall 2021).
- Beginning Adlerian Play Therapy – Online (Fall 2021).
- HyFlex Certification (Fall 2024)

PROFESSIONAL AFFILIATIONS:

- American Counseling Association (ACA)
- Wyoming Counseling Association (WCA)
- American Mental Health Counselors Association (AMHCA)
- Rocky Mountain Association for Counselor Education and Supervision (RMACES)
- Association for Counselor Education and Supervision (ACES)
- European Branch – American Counseling Association (EB-ACA)
- Southern Association for Counselor Education and Supervision (SACES)
- International Association for Resilience and Trauma Counseling (IARTC)

SERVICE:

- Treasurer, Non-Traditional Student Council
- Doctoral Representative, Mu Nu Tau Chapter of Chi Sigma Iota
- Facilitator, The Mirrors Program