

Use this form to request an accelerated graduate program and the appropriate required codes from the Enrollment Services Center. After the university President approves the proposal, submit a signed copy to the Executive Director through the system Chief Academic Officer.

| UNIVERSITY:                            | NSU                                |
|--|------------------------------------|
| NAME AND DEGREE (e.g., BA, BS) OF      | Human Performance, BS              |
| UNDERGRADUATE PROGRAM:                 |                                    |
| NAME AND DEGREE (e.g., MA, MS, PhD) OF | Sports Science, MS, Strength and   |
| GRADUATE PROGRAM:                      | <b>Conditioning Specialization</b> |

## **University Approval**

To the Board of Regents and the Executive Director: I certify that I have read this proposal, that I believe it to be accurate, and that it has been evaluated and approved as provided by university policy.

| Michael | Wanous |
|---------|--------|
|---------|--------|

 Vice President of Academic Affairs or President of the University
 5/8/2025

An accelerated graduate program for the purposes of this guideline is a graduate program at a Regental institution that allows a student to count courses for undergraduate and graduate credit simultaneously. Board Policy 2.4.2 – Course Level, Numbering, and Enrollment in Courses governs the transfer of courses between the undergraduate and graduate program.

Board of Regents Policy 2.2.2.1 – Seamless Transfer of Credit requires the Board of Regents to approve accelerated programs involving the transfer of thirteen (13) or more credits up to a total of twenty-five (25) total transfer credit hours at the accepting institution. In other words, an institution may create an accelerated program of one (1) to twelve (12) hours without Board approval. However, an accelerated program requires the creation of coding by the Enrollment Services Center (ESC) regardless of whether or not the accelerated program is accepting more than twelve (12) credit hours.

## 1. Maximum number of credits allowed to transfer between undergraduate and graduate program: 9

2. Is the response to Question 1 more than thirteen (13) credit hours?

Yes □No ⊠(requires BOR approval)(does not require BOR approval)

3. What is the proposed date (day/month/year) the accelerated program would begin? Fall 2025

## 4. Please provide a brief explanation of the accelerated program, including specific courses eligible for both the undergraduate and graduate program credit.

The Sports Sciences field is trending toward advanced degrees. Allowing our students to have an accelerated path towards achieving their graduate degree would benefit students' post-graduation and provide work placement opportunities in a timely manner.

Additionally, the accelerated pathways enable Northern undergraduate students to continue their education at Northern, capitalizing on coursework from the undergraduate degree. The accelerated master aids in the recruitment and retention of Northern students.

Students enrolled in a BS in Human Performance can use nine credits from the following courses for the Sports Sciences, MS Strength and Conditioning specialization, as well as meeting requirements toward their undergraduate program.

PE 582 – Theory of Strength & Conditioning PE 510 – Program Design for Strength and Conditioning HLTH 522 – Nutrition