



Major: Human & Social Services, BA (Bachelor of Arts)
2026-2027 4-Year Plan Guide
Major: 39 credit hours, Total Degree Requirements: 120 credit hours

Students are not limited to this plan; it is meant to be used as a guide for planning purposes in consultation with your advisor. The sample schedule is one possible path to completing your degree within four years. For official program requirements, please refer to the [Undergraduate Catalog](#).

FIRST YEAR

Fall

Prefix + Number + Course Title	Major / General Education Requirements (SGR)	Credits
FYS 101 First Year Seminar	Major	2
SOC 100 OR SOC 150	Major / SGR 3	3
ENGL 101 Composition I	SGR 1	3
Mathematics Course	SGR 5	3
Oral Communications Course	SGR 2	3
Total Credit Hours:		14

Spring

Prefix + Number + Course Title	Major / General Education Requirements (SGR)	Credits
Major Emphasis, People in Communities Course	Major	3
ENGL 201 Composition II	SGR 1	3
Fine Arts & Humanities Course	SGR 4	3
Natural Science w/Lab Course	SGR 6	3-4
Social Science Civics Course	SGR 3	3
Total Credit Hours:		15-16

SECOND YEAR

Fall

Prefix + Number + Course Title	Major / General Education Requirements (SGR)	Credits
SOC 270 Introduction to Social Work	Major	3
SOC 281 Socio-Cultural Theory	Major	3
Fine Arts & Humanities Course	SGR 4	3
Fine Arts & Humanities Foreign Language Course	Additional Program Requirement	4
Elective Course	Elective	3
Total Credit Hours:		16

Spring

Prefix + Number + Course Title	Major / General Education Requirements (SGR)	Credits
Major Emphasis. People in Communities Second Course	Major	3
Major Emphasis. Community Structures First Course	Major	3
Elective Course	Elective	3
Elective Course	Elective	3
Fine Arts & Humanities Course	Additional Program Requirement	3-4
Total Credit Hours:		15-16



THIRD YEAR

Fall

Prefix + Number + Course Title	Major / General Education Requirements (SGR)	Credits
SOC 315 Social Work Practice I	Major	3
SOC 209 Statistical Reasoning for Social Sciences	Major	3
Elective Course	Elective	3
Human Value Course	Additional Program Requirement	3
Natural Science w/Lab Course	SGR 6	3-4

Total Credit Hours: 15-16

Spring

Prefix + Number + Course Title	Major / General Education Requirements (SGR)	Credits
CJUS 380 Research and Data Analysis in Criminal Justice	Major	3
SOC 320 Social Work Practice II	Major	3
Major Emphasis, Field Experience	Major	3
Elective Course	Elective	3
Elective Course	Elective	3

Total Credit Hours: 15

FOURTH YEAR

Fall

Prefix + Number + Course Title	Major / General Education Requirements (SGR)	Credits
Major Emphasis, Stratification Course	Major	3
Major Emphasis, Community Structures Second Course	Major	3
Elective Course	Elective	3
Elective Course	Elective	3
Elective Course	Elective	3

Total Credit Hours: 15

Spring

Prefix + Number + Course Title	Major / General Education Requirements (SGR)	Credits
SOC 485 Capstone	Major	3
Elective Course	Major	3
Elective Course	Elective	3
Elective Course	Elective	3
Elective Course	Elective	3

Total Credit Hours: 15

COMMENTS & NOTES

Notes:

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As part of the Bachelor of Arts, students in this program must complete the Bachelor of Arts [Requirements](#)