



northern state university
Be You. Be Us. Be Northern.

**Bachelor of Science in Education in Physical Education
Four-year Plan**

First Year

Fall	
Course	Credit
IDL 190, Freshman Seminar	1
SPCM 101, Fundamentals of Speech*	3
PE 180, Foundations of HPER	2
HLTH 103, Personal Health	2
Arts and Humanities Course (see catalog)	3
WEL 100/L, Wellness for Life	2
Natural Science with Lab (see catalog)	3
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Spring	
Course	Credit
MATH 102, College Algebra*	3
PE 200/202, PP: Fitness/Individual and Dual Activities	3
Natural Science with Lab (see catalog)	3
ENGL 101, Composition I	3
SOC 100, Introduction to Sociology*	3
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Second Year

Fall	
Course	Credit
Arts and Humanities Course (see catalog)	3
PSYC 101/A, General Psychology*	3
EPSY 302, Educational Psychology	3
PE 203/208, PP: Team/Camping	2
ENGL 201, Composition II	3
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Spring	
Course	Credit
SPED 100, Introduction to Persons with Exceptionalities	3
PE 334, Behavioral and Social Science Issues in Physical Education	2
Arts and Humanities Course (see catalog)	3
PE 440, Organization and Administration of HPER/A	3
PE 452, Motor Learning and Development	3
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Third Year

Fall	
Course	Credit
PE 250/250L, Human Anatomy and Physiology	4
EPSY 428, Child and Adolescent Development	2
Arts and Humanities Course (see catalog)	3
PE 352, Adapted Physical Education	2
PE 451, Tests and Measurements	2
ANTH 210, Cultural Anthropology*	3
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Spring	
Course	Credit
ELRN 385, Educational Technology and Distance Teaching	3
SEED 400, Methods and Media for Middle/High School	2
SEED 450, 7-12 Reading and Content Literacy	2
SEED 496, Field Experience	1
PE 350, Exercise Physiology	3
PE 454, Biomechanics	3
PE 341, Curriculum Development and Evaluation	3
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Fourth Year

Fall	
Course	Credit
PE 400, Exercise Test and Prescription	3
PE 360, K-8 Physical Education Methods	2
EDFN 475, Human Relations	3
PE 480, 7-12 Methods of Teaching PE	2
INED 411, South Dakota Indian Studies	3
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Spring	
Course	Credit
EDER 415, Educational Assessment	2
EDFN 338, Foundations of American Education	2
EDFN 440, Classroom Management	2
EDFN 442, Meeting the Diverse Needs of Students and Their Families	2
SEED 488, 7-12 Student Teaching	4
ELED 488, K-8 Student Teaching	4
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*Fulfills a general education requirement. Other course options may be available.

**Fulfills a major requirement. Other course options may be available.

***Fulfills a general elective. Other course options may be available.