

# SHALINI J MATHEW, PHD

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(605)626 2436

## EDUCATION

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**Doctor of Philosophy, Rehabilitation Counseling and Rehabilitation Counselor Education,**  
*North Carolina Agricultural & Technical State University, May 2019. CACREP Accredited Program*

GPA: 3.94

**Master of Philosophy, School Counseling, Martin Luther Christian University, August 2014**

GPA: 4.00

**Master of Science, Health and Behavioral Science, Mahatma Gandhi University, December 2004**

GPA: 4.00

**Bachelor of Science, Family and Community Science, Mahatma Gandhi University, June 2002**

GPA: 4.00

## HIGHER EDUCATION TEACHING EXPERIENCE

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**Assistant Professor (Tenure-track) Department of Psychology & Counseling, Northern State University August 2019- Present**

Teaching the following graduate-level courses

- **CGPS 769 (Professional Orientation and Ethics in Counseling)-Fall 19, 20,21**
- **CGPS 761 (Theories of Counseling and Personality)- Fall 21**
- **CGPS 754 (Intro to School Counseling, School Environment & Consultation)-F 19, S20**
- **CGPS 795 (Practicum SC& CMH)- Fall 19, 20,21,22 Summer 20,**
- **CGPS 794 (Internship SC& CMH) -Fall 19, 20,21,22 Spring 20,21,22**
- **CGPS 752 (Crisis, Disaster Intervention and Wellness)- Spring 20, Summer 21, 22**
- **EDER 761 (Graduate Research and Design-Online)- -Spring 20**
- **CGPS 774 (School Counseling Program Development)-Summer 20, 21,22**
- **Co-Instructor of CGPS 791 IS-Sex Crimes-(Summer 2021)**
- **Co-Instructor of CGPS 791 IS- Sexuality and Gender Issues in Counseling-Spring 2021)**
- **CGPS 750 (Trauma Informed Care in Counseling)-Fall 20,21**
- **CGPS 760 (Integrative Mental Health Care)-Spring 21,22**
- **CGPS 765 (Group & Family Dynamics)-Spring 2022, Fall 2022**
- **CGPS 736 (Assessment in Counseling)-Fall 2022**

**Graduate Intern (Counselor Education & Supervision Internship) Department of Counseling, North Carolina Agricultural & Technical State University August 2018- May 2019**

- **Supervising Masters-level students in practicum and internship**  
*(Provided clinical individual & triadic supervision for school, rehab and clinical track Masters students)*
- **Supporting Masters-level and Doctoral students through mentorship**
- **Teaching the following graduate-level courses**
  - **COUN 709 (Statistics and Research Method)**
  - **COUN 740 (Appraisal)**
  - **COUN 770 (Applied Research in Counseling)**

- **COUN 784 (Practicum)**
- **COUN 785 (Internship I)**

**Graduate Assistant** *Department of Counseling, NC A & T State University January 2017- May 2017*

- Assisting faculty in research and teaching

#### **Service at Northern State University**

- Member of the Academic Affairs Committee (1<sup>st</sup> year)
- Member- Graduate Council
- Member of the University Assessment Committee (2<sup>nd</sup> year)
- Member of CETL Advisory Committee (2<sup>nd</sup> year)
- Member of University Faculty Development and Travel Committee (2<sup>nd</sup> year)
- Member of PLC Implementation Team and Committee
- Member of Distinctive Experience Pillar Team
- Member of Curriculum Committee at the School of Education
- Was invited by the provost to be a member on the Search Committee for CAS Dean search
- A member of the Assistant Professor in Psychology Search Committee (Spring 2021)
- Search Committee Chair for the Counseling faculty Search (Spring 2021, Fall 2022)
- Prepared the Annual Assessment Report for School Counseling Program
- Prepared the Annual Report for the Counseling program and facilitated the Annual Advisory Board Meeting for both Clinical Mental Health and School Counseling in the capacity of the Field Coordinator.
- Served as a faculty peer mentor to a novice Assistant Professor in Counselor Education
- Facilitated recruitment efforts by conducting a Community Information Session and Undergraduate Student Informational Session.

#### **Service to the profession**

- CACREP Site Visit Team Member
- Editorial Board Member- International Journal for Advancement in Counseling

### **COUNSELING EXPERIENCE**

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**Counselor-In-Training**, *Center for Behavioral Health & Wellness, NC A & T State University CIT-Aggie Emerging Scholars Program January 2018 – May 2018* AESP is an academic recovery program that has been designed to assist Emerging Scholars at NCAT not meeting satisfactory academic progress. The mission of the program is to help students recover from past academic difficulties, regain good academic standing, and maintain good academic progress after the completion of the program.

- Met one-on-one with students during appointments and drop-in hours to assist with academic recovery, study skill training, interpersonal wellness training, financial literacy training and career skills training.
- Instructed students on how to utilize Grades First, an online student success tool.
- Assisted the special assessment project to measure student satisfaction with AESP.
- Facilitated groups to improve the AESP.

#### **School Counseling**, *Hagia Sophia Public School, India August 2013- March 2014*

- Met one-on-one with students to address concerns about academic, emotional or social problems.
- Helped students process their problems and plan goals and action.
- Helped students to improve their relationships with parents and teachers.
- Assisted students with college applications, jobs and scholarships.

**Mental Health Counselor & Hospital Administrator, *Santhula Trust Hospital, India April 2009- July 2016***

- Was able to set up a child clinic in the hospital which caters to the needs of children with ADHD, SLD, and CD
- Conducted two National Conferences in collaboration with Rehabilitation Council of India, on Poor Scholastic Performance-A Clinical Perspective with special reference to Remedial Training and Neurological Rehabilitation in SLD.
- Was a facilitator at the First International Conference conducted by the hospital SUDARSANAM- Building bridges between spirituality and the science of mind.
- Actively involved in Project planning of the De addiction ward in connection with the state government scheme.
- Financial planning of the day-to-day activities of the hospital.
- Recruitment and training of new employees in the administrative wing of the hospital.
- Search Committee member for selecting nursing staff

**Career Counselor & Branch Head, *National Institute of Fire & Safety (NIFE), India***

*December 2004- March 2009*

- Periodic counseling sessions for students studying at the institute.
- Conducted assessments, evaluations, and special tutoring for the students.
- Developed and implemented programs to encourage student participation.
- Parental counseling.
- Career guidance for final year students.
- Coordinator of the placement cell for successful students.
- Project planning and implementation

## **ACCREDITATION, ASSESSMENT & EVALUATION EXPERIENCE**

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**Institutional Effectiveness Specialist, *Office of the Strategic Planning and Institutional Effectiveness, NC A & T State University August 2017- Present***

- Editing and keeping track of Taskstream (TaskStream is a web-based assessment data management software that serves as a repository for planning, assessment, and continuous improvement work. TaskStream is designed to help degree programs, departments, and administrative units manage content, resources, and communication for all assessment processes. The platform provides a centralized hub for information that can be used to improve institutional planning, curriculum development, assessment processes, and student learning).
- Assisting assessment and evaluation, strategic planning, data application for decision making, and accreditation.
- Prepared and reviewed accreditation (SACSCOC) and assessment reports for several colleges. Provided training for Associate deans and Department Chairs in the institutional assessment process and document management.
- Graduate/Undergraduate Transcript Analysis
- Using Qualtrics to build surveys.
- University website management using Cascade (Web content management system)
- Helped faculty with syllabi and rubric preparation.
- Reviewing self-study reports for ABET and CACREP accreditation.
- Helped in preparing a Fact-Book for the College of Education.

## COMMUNITY SERVICE

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### **KMM Geriatric Hospital, India**

*Part-time Volunteer, January 2004-July 2004*

- Palliative care for terminally ill.
- Working with people who are aged and with mental illness and physical disabilities.
- Grief counseling.

### **Western Guilford Middle School, Greensboro, NC**

- 8th Grade Parent representative in the Western Guilford Middle School (Greensboro, NC) Leadership Team.

## PUBLICATIONS

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- **Mathew, S.**, Harrichand, J., Qiao, B., & Kaszynski, E. (2022) Good practices in preventing early leaving. New Trends and Promising Directions in Modern Education: School Dropout, *International Journal of Modern Education Studies*
- **Mathew, S.** & Brooks, M. (2022). Counselors' Perspectives on Complementary and Alternative Therapies for Children. *Journal of Asia Pacific Counseling*, 12(1), 17–36. <https://doi.org/10.18401/2022.12.1.2>
- Anandavalli, S., Harrichand, J., & **Mathew, S.** (2022). Career Mapping for International Students: A Critical-Constructivist Approach, *Journal of Employment Counseling*, 1-11 <https://doi.org/10.1002/joec.12197>
- **Mathew, S.** (2021). Counseling Research Using Enhanced Critical Incident Technique for Data Collection: An Example from a Phenomenological Study, *International Journal of Interdisciplinary and Multidisciplinary Studies*, 8(3), 80-87
- **Mathew, S.** (2020). Coping and Perceived Social Support of Adolescents with Specific Learning Disabilities in South India, *Learning Disabilities (Weston, Mass.)*, 18(2), 167.
- **Mathew, S.**, Khan, A., Gay, Y., Augustine, S., & Whittaker, T. (2018). Case Management in Allied Health. Case Management for the Health, Human, and Vocational Rehabilitation Services Aspen Publishers.
- **Mathew, S.**, Khan, A. (2018). Recognizing unique challenges faced by immigrants and recommendations for providing effective counseling services. *AMCD Newsletter* <https://multiculturalcounselingdevelopment.org/wp-content/uploads/2018/08/AMCD-Newsletter-2018-Web-revised.pdf>

## RESEARCH EXPERIENCES & CONFERENCE PRESENTATIONS

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- Mathew, S., & Michael, M (2022, September). *Creativity in Group Supervision Using Gibb's Reflective Cycle*, 50-minute content session, NCACES Conference, Omaha, NE.
- Mathew, S., & Michael, M (2022, September). Effective Strategies for Counselors to improve Scholar Practitioner Research Engagement, 50-minute content session, NCACES Conference, Omaha, NE.
- Mathew, S., & Michael, M (2022, September). *Working with Native American Students-Culturally Responsive Practices for School Counselors* 50-minute content session, ACA, Annual Conference (Virtual).
- Mathew, S., & Kaszynski, E (2022, February). *Active Learning Strategies using Technology in HyFlex Counseling and Counselor Education*. 50-minute content session, NDCA Annual Conference, Bismarck, ND.

- Mathew, S., & Michael, M (2022, February). *Culturally Responsive Practices for School Counselors Working with Native American Students* 50-minute content session, NDCA Annual Conference, Bismarck, ND.
- Mathew, S., & Lauren, N (2022, April). *From Decolonization to Indigenization: Re-Envisioning the Counseling Process*, 50-minute content session, SDCA Annual Conference, Aberdeen, SD- Accepted
- Mathew, S., & Gay, Y (2021, October). *Innovative Pedagogy in Hyflex Counselor Education using High Impact Teaching Practices*. 30-minute poster presentation, ACES, Atlanta, GA.
- Shuhui, F., Mathew, S., & Huijuan, L. (2021, April). *A School Counseling Classroom Guidance Curriculum Addressing Xenophobia During the time of COVID 19*. 50 minutes content session presented at ACA, Annual Conference (Virtual).
- Huijuan, L., Mathew, S., & Shuhui, F. (2021, June). Building empathy: *Addressing xenophobia in schools during pandemic*. 50 minutes content session accepted at AHC, Annual Conference (Virtual).
- Mathew, S. & Pesicka, J. (2020, April). *Counseling Research using Enhanced Critical Incident Technique for Data Collection: Example from a Phenomenological Study*. 50 minutes content session presented at TCSPP, CMHC Virtual Conference 2020, Chicago, IL.
- Mathew, S. (2019, October). *Flipped Classrooms in Graduate Counseling Programs: Student Perspectives* 50 minutes content session (virtually) presented at NCACES, 2019, Omaha, NE.
- Mathew, S., Pesicka, J., & Sikkink, M. (2019, October). *Are our Counselor Preparation Programs Trauma Informed?* 50 minutes content session (virtually) presented at NCACES, 2019, Omaha, NE.
- Mathew, S., Gay, Y., & Brooks, M. (2018, October). *Do Counselor Education Programs in HBCU's Promote Wellness in their Students?* Round Table session presented at SACES, 2018, Myrtle Beach, SC.
- PHD dissertation- 'A phenomenological Inquiry of Counselors Perspectives Towards the Use of Complementary and Alternative Therapies for Children with Intellectual Disabilities'.
- M Phil dissertation- 'A comparative study of Coping and Perceived Social Support among Adolescents with and without Specific Learning disabilities' (2014).
- Master's dissertation- 'Emotional Maturity and Self Esteem of Adolescents with Hearing Impairments' (2004).
- Presentation on Remedial Training and Neurological Rehabilitation in Specific Learning Disabilities at the National Conference- Poor Scholastic Performance-A clinical perspective (*Continuing Medical Education Program*)
- Presentation on 'Spiritual Dimensions in the treatment of Geriatric Depression' at the 6th Biennial International Orthodox Psychotherapy Conference.

## GRANTS

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- NCAA Research and Innovation Grant-2022 (Along with team of Drs. Kelsie Roberts, Lauren Pierce, and Chelsea Shortt) **Project Title: "Changing Outcomes through Positive Empowerment (COPE): A Mental Health Initiative Student Athletes"**
  - eXtended Realities Faculty Development Grant- 2022  
**Project Title: Suicide Prevention Training using *Simmersion's* virtual simulations to provide students practice in a controlled environment.** Class- Crisis Counseling (CGPS-752)
  - Hyflex Certification Cohort Member- \$2500 (August, 2021)
  - CETL Pedagogy Grant- \$1000 (December 2020). **Project Title: Innovative Pedagogy in Counselor Education using High Impact Teaching Practices.**
  - Content Specialist. **Project Title: Language and Literacy Impacting Families and Educators (LLIFE)** (V.J. McMillan, J. Wolfgang, D. McQuitty, and S. Williams-Crossen).

## **HONORS**

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- Appointed member of the ACES Research Grant Awards Committee June 2021-2022, 2022-23
- Langston University ARRT (Advanced Rehabilitation Research Training) External Advisory Panel Member (2017-18)
- University First Rank holder for undergraduate and graduate program (Mahatma Gandhi University, India-2002, 2004)
- Institutional Effectiveness Council Member (Assessment & Evaluation Advisor) at North Carolina Agricultural & Technical State University (2019-2020)

## **PROFESSIONAL ASSOCIATIONS**

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- American Counseling Association (2016-present) ACES & NCACES (divisions)
- American School Counselor Association (2019-present)
- Association for Counselor Education and Supervision (2016-present)
- North Dakota Counseling Association (2019-present)
- South Dakota Counseling Association (2019-present)