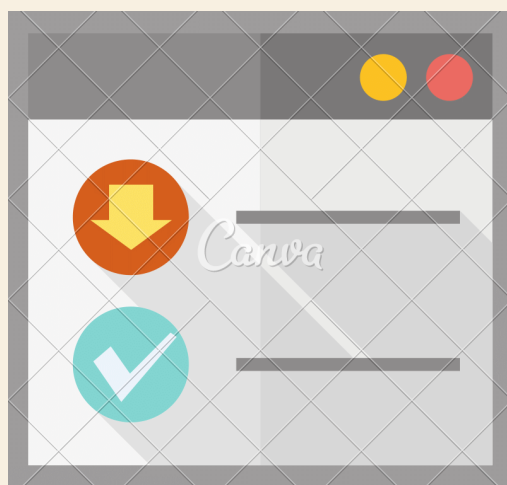




STUDY TECHNIQUES:

RETRIEVAL



The key to using it successfully:

Do it often! Practice makes perfect.



Practicing retrieval is training your brain to find new information after it's been stored.



Pretend your brain is a closet, or a file cabinet. To remember where you've put new information, link it to something you already know.



Try it right after class. Then again later that day. Then again the next day. And so on.



With repeated practice, your brain will quickly develop pathways to find the information again and again.